# Master Clinical Psychology

Dr. Laura Nawijn, Assistant Professor and Educational Coordinator



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### A quick overview

#### **Programme structure**

• Four mandatory courses 20 EC

• Two electives o/10 EC

• Thesis 20 EC

• Internship 10/20 EC

#### Type of programme

- Full time
- 60 EC

#### **Degree**

MSc in Psychology

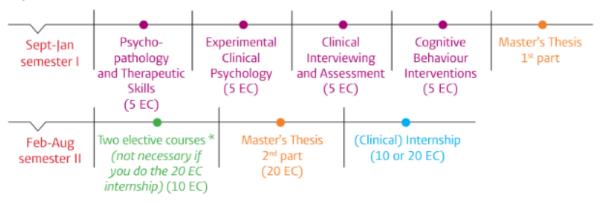
#### **Starts in**

- September
- February

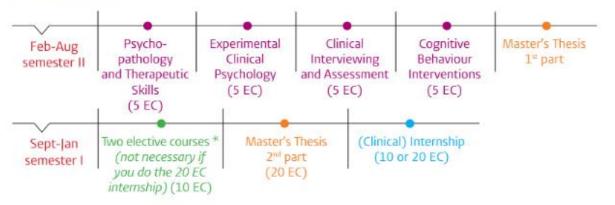
### Programme outline

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#### September intake



#### February intake



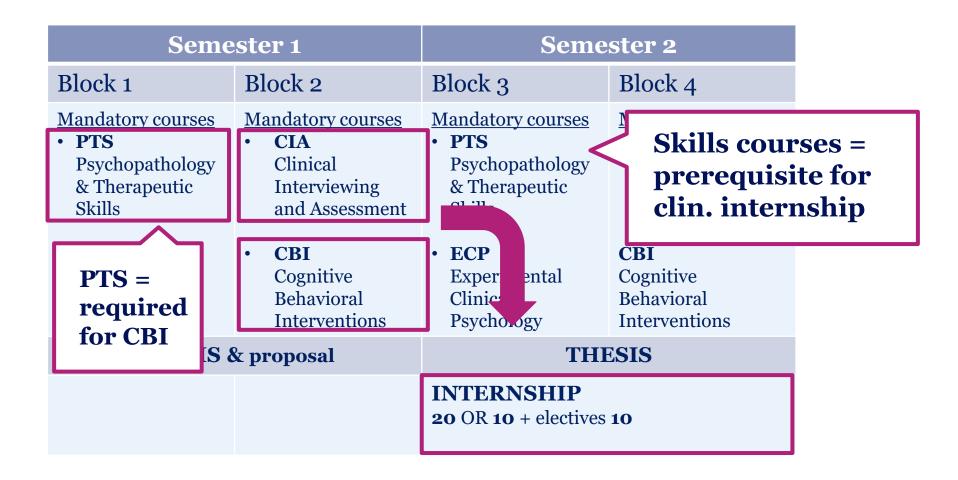
# Programme: September Starters

Semester 1		Semester 2	
Block 1	Block 2	Block 3	Block 4
<ul> <li>Mandatory courses</li> <li>PTS         <ul> <li>Psychopathology</li> <li>Therapeutic</li> <li>Skills</li> </ul> </li> <li>ECP         <ul> <li>Experimental</li> <li>Clinical</li> <li>Psychology</li> </ul> </li> </ul>	<ul> <li>Mandatory courses</li> <li>CIA         <ul> <li>Clinical</li></ul></li></ul>	<ul> <li>Mandatory courses</li> <li>PTS <ul> <li>Psychopathology</li> <li>&amp; Therapeutic</li> <li>Skills</li> </ul> </li> <li>ECP <ul> <li>Experimental</li> <li>Clinical</li> <li>Psychology</li> </ul> </li> </ul>	<ul> <li>Mandatory courses</li> <li>CIA         <ul> <li>Clinical</li> <li>Interviewing</li> <li>and Assessment</li> </ul> </li> <li>CBI         <ul> <li>Cognitive</li> <li>Behavioral</li> <li>Interventions</li> </ul> </li> </ul>
THESIS & proposal		THESIS	
		INTERNSHIP 20 OR 10 + electives 10	

# **Programme: February Starters**

Semester 2		Semester 1	
Block 3	Block 4	Block 1	Block 2
<ul> <li>Mandatory courses</li> <li>PTS         <ul> <li>Psychopathology</li> <li>Therapeutic</li> <li>Skills</li> </ul> </li> <li>ECP         <ul> <li>Experimental</li> <li>Clinical</li> <li>Psychology</li> </ul> </li> </ul>	<ul> <li>Mandatory courses</li> <li>CIA         <ul> <li>Clinical</li> <li>Interviewing</li> <li>and Assessment</li> </ul> </li> <li>CBI         <ul> <li>Cognitive</li> <li>Behavioral</li> <li>Interventions</li> </ul> </li> </ul>	<ul> <li>Mandatory courses</li> <li>PTS         <ul> <li>Psychopathology</li> <li>Therapeutic</li> <li>Skills</li> </ul> </li> <li>ECP         <ul> <li>Experimental</li> <li>Clinical</li> <li>Psychology</li> </ul> </li> </ul>	<ul> <li>Mandatory courses</li> <li>CIA         <ul> <li>Clinical</li> <li>Interviewing</li> <li>and Assessment</li> </ul> </li> <li>CBI         <ul> <li>Cognitive</li> <li>Behavioral</li> <li>Interventions</li> </ul> </li> </ul>
THESIS & proposal		THESIS	
		INTERNSHIP 20 OR 10 + electives 10	

### Requirements within the programme

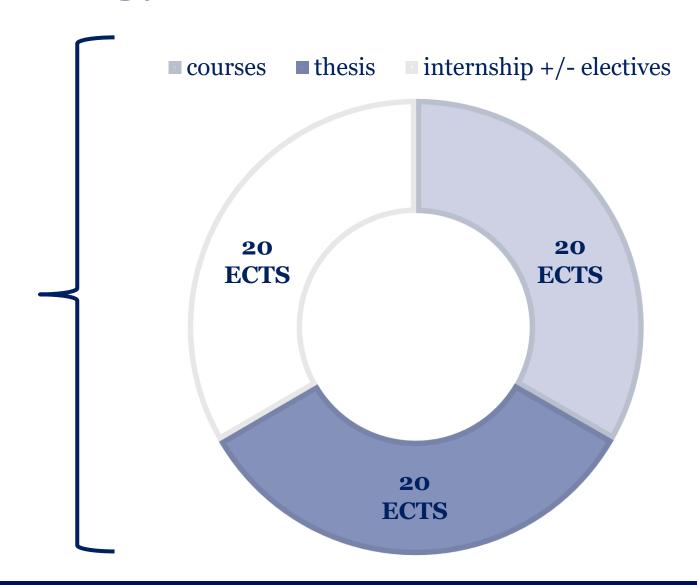


# 1-Yr Clinical Psychology Master: 60 ECTS

#### What you will learn:

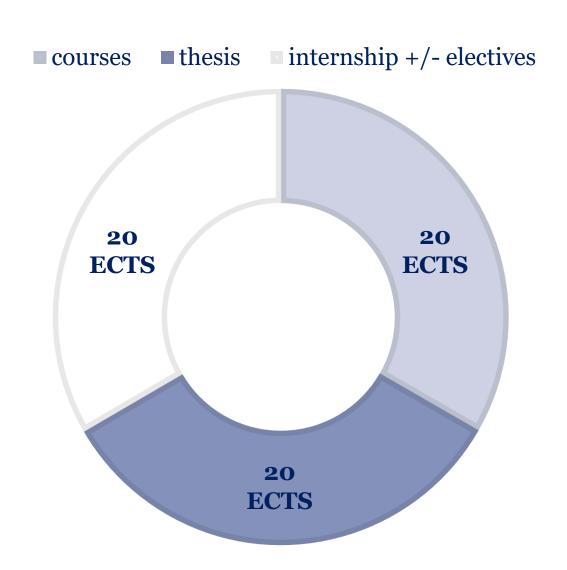
- Clinical interviewing
- Therapeutic Skills
- Critical Thinking

Theory & Practice



### **Mandatory Courses: 20 ECTS**

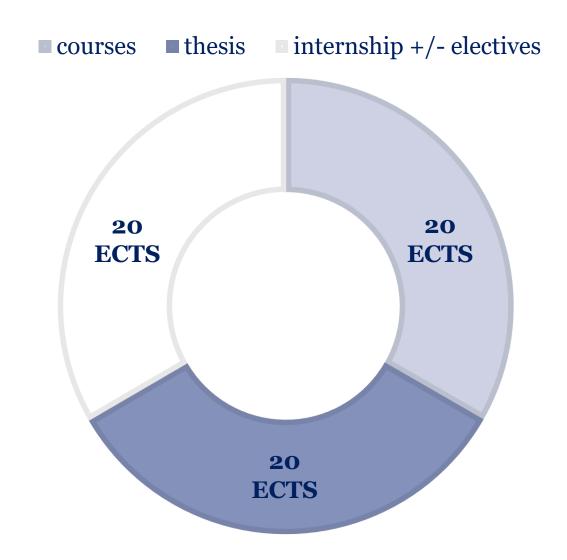




# Internship: 10/20 ECTS

**20 ECTS INTERNSHIP** 

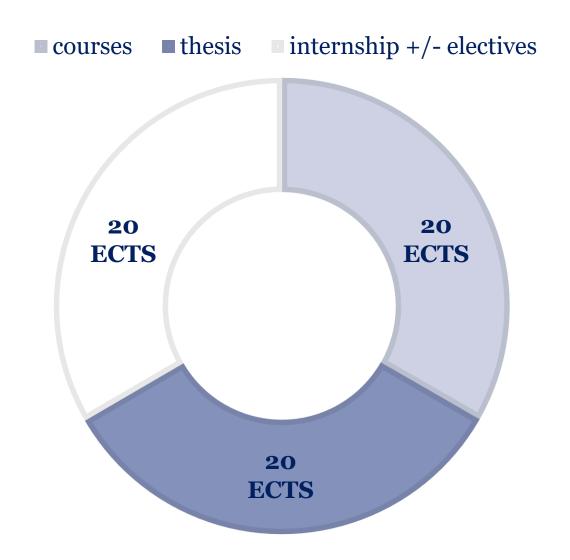
10 ECTS INTERNSHIP 10 ECTS
ELECTIVES



### Internship: 10/20 ECTS

**20 ECTS INTERNSHIP** 

10 ECTS INTERNSHIP 10 ECTS
ELECTIVES



### Internships: 10 ECTS = 260 hours

#### **Practical Internship Psychology**

At an external organization

Apply your skills within a broader (or multidisciplinary) context related to the field of clinical psychology.

# The Trainer-Psychologist Internship (TCCS)

Only students fluent in Dutch

Personal development & group work

Option to teach Interpersonal Professional Skills in Bachelor-2

#### The Research Internship

Internal: At clinical psychology department,

Leiden University

External: At other organisations

Research & PhD oriented

# The Internal Practice Internship (IPI)

Only for international students

Therapy & psychodiagnostics (coaching)

Possibly in high demand: Selection procedure

**Note 1:** Additional 10 ECTS of electives required

**Note 2:** For these internships, it is <u>not</u> possible to get a diagnostic registration

("LOGO verklaring") necessary for postdoctoral education ("GZ-opleiding")

### Clinical internship: 20 ECTS = 560 hours

#### **Clinical Practice internship**

- External mental healthcare institution
- In the Netherlands or abroad
- 20 ECTS = max 560 hours (+ 40 hours for intervision, writing reports)
- Duration of max. 6 months
- Qualifies for the post-doctoral GZ-education
- Some position have the opportunity to get a diagnostics registration (LOGO/BAPD)

Note that we do not offer the BAPD in our master's programme, we advise the LOGO verklaring (www.vlogo.nl). See also Brightspace.

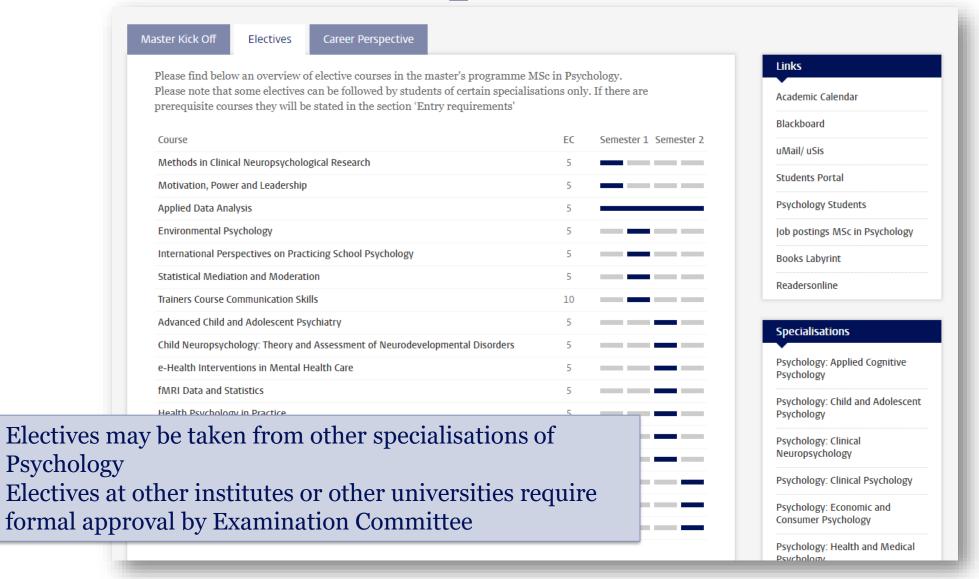
### Clinical Internship: 20 ECTS = 560 hours

#### For international students:

- In Dutch institutions: often only if you speak Dutch fluently
- At international practices in the Netherlands: very scarce!
- In other country where you master the language: ask other international students, see list on Brightspace
- If other possibilities for internship arise, they will be listed on Brightspace

Alternative internships: Psychologist Trainer (IPI, 10 ECTS) & Research Internship (10 ECTS) are strongly advised + 10 ECTS electives

# **Electives: See Prospectus**



#### **Master CP Electives**

#### Block 3:

### **E-health Interventions in Mental Health Care**

- Learn principles and state of the art of emental health
- Learn online treatment skills, how to support clients with mental health problems via different technological platforms (chat, mail, videocall)
- Get hands on experience in an e-health program as therapist and as client



#### Online programmes

Caring Universities offers 7 free online programs: to improve your mood, reduce stress, overcome procrastination, for corona-related problems, get a grip on your life, sleep better, and a general life skills program. They're anonymous and you even get text-based guidance from an online coach.

Online e-health programmes are scientifically proven to be effective.





#### Mind-Health Check

Students often don't realize they're not doing so well. This online test gives you time to reflect on your own mental wellbeing and offers short feedback with personalized advice. Students of the participating universities received a link in winter 2021-2022 in their student email. Check your inbox (or spam folder) and click on the link to the questionnaire!



#### **Master CP Electives**

#### Block 4:

#### Trauma & Mental Health: Etiology, Prevention, Diagnostics and Treatment

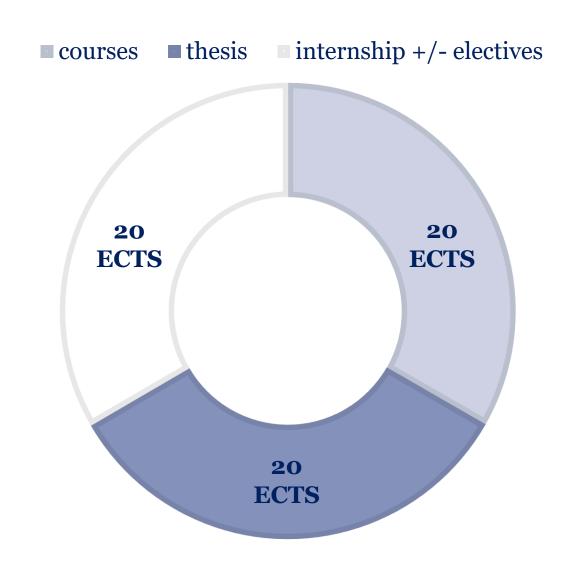
- Learn psychosocial and neurobiological processes after traumatic exposure
- Learn about the role of trauma in psychological disorders and on various life domains
- Learn about evidence-based guidelines for trauma- and stressor-related psychological disorders and current clinical research controversies



### **Thesis: 20 ECTS = 520h**

#### **20 ECTS THESIS**

- Topics offered by staff in Sept / Feb
- Students submit their top 5
- Wide range of themes, study designs, methods
- Start in your 1st semester, finish in your 2nd semester (July/Nov)



### Master thesis (20 ECTS)

- Thesis process starts in first month of you master!
- Sept / Feb: Pick top 5 from topics on Brightspace
- Individual supervisor
- Groupwise supervision
  - Organised around research themes of our department
  - 4 group meetings
  - Peer review
- Dec / June: Deadline thesis proposal
- June / Nov: Deadline final thesis

### Before the start of the programme

#### Sign up for courses

- Course planning: *June and November*
- Course enrolment: *July and December*

Instructions on <u>student website</u> of Leiden University

#### Be present at the <u>Master's Kick Off</u>

More information will follow via email

# We are looking forward to welcoming you at Leiden University!

